

October 2026

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>REFORM AND ORTHODOX</u> <u>SERVICES</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m. <u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m. <u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m. <u>Meditation</u> 9:00 p.m.	Thursday, October 8 3:30 p.m. Assembly Room	Check recreation board for information on Reform and Orthodox High Holiday Services
	<u>PRESENTATIONS</u>	<u>SPECIAL CONCERT!</u>
	<u>The Evolution of Jazz Lecture</u> <u>with Steve Koven</u> October 2 2:00 p.m. <u>A Celebration of Yiddish</u> <u>Culture with Janie Respitz:</u> <u>Night of the Murdered Poets</u> October 7 2:00 p.m. <u>A Talk with Bill Reichman</u> October 9 2:00 p.m. More details to come <u>ROM For You Presents:</u> <u>Celebrations</u> October 21 2:00 p.m. <u>Presentation: Opera</u> <u>Choruses with Joseph Sharon</u> October 28 2:00 p.m.	<u>Special Concert with</u> <u>Schmaltz and Pepper</u> October 26 2:00 p.m. Klezmer, Yiddish, swing, jazz and classical music come together for an unforgettable afternoon of live music at the Terraces!
		<u>BIRTHDAY CONCERT</u>
		Thursday, October 15 2:00 p.m. <u>Entertainer:</u> Rhonda Silver Assembly Room
		<u>INFORMATION SESSION:</u> <u>IPAC PRACTICE FOR</u> <u>RESIDENTS</u>
		October 6 3:30 p.m. Assembly Room



Baycrest Terraces

Residence and Community

Where life thrives

Monthly Calendar: October 2026 AL

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Centre

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Tanya Ext. **2990**
Rebecca Ext. **2667**

Recreation Staff

416-785-2500
Archana Ext. **5879**
Charlotte Ext. **2687**



Programs subject to change.
Please refer to daily program schedule

Monthly Program Schedule: October 2026 AL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Happiness Project with Max 1:15 p.m. 3 rd floor National Day of Mourning for October 7 - Service October 5 1:30 p.m. Film: Lucy and Desi (Thanksgiving STAT Holiday) October 12 2:00 p.m. Sing Along The Posners October 19 2:00 p.m. Special Concert with Schmaltz and Pepper October 26 2:00 p.m. Music therapy with Justine 3:15 p.m. 4 th floor Voting for City Elections October 26 8 a.m. – 10:00 p.m. Classroom AB New Resident Welcome Group October 19 3:15 p.m. Boardroom Knitting and Crochet Group October 5, 19, 26 4:00 p.m. Classroom AB	Balance Exercise 10:15- 11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Yiddish Group 1:00 p.m. Bingo 2:00 p.m. No Bingo October 27 Trivia with Gurnoor 4 th floor 1:00 p.m. Discussion/Daily news with Jo 3:30 p.m. 4 th floor Information Session for IPAC Practice for Residents October 6 3:30 p.m. Assembly Room Book Club October 20 3:30 p.m. Classroom AB Shinshinim Program October 27 2:30 p.m. Assembly Room Lobby Pianist Ari Posner October 13 3:15 p.m.	Sharing Dance Exercise with Annie 10:30-11:15 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Travelogue with Gurnoor 3 rd floor 1:15 p.m. Social hour with Alex 3 rd /4 th floor A Celebration of Yiddish Culture with Janie Respitz: Night of the Murdered Poets October 7 2:00 p.m. Concert with Jean-Claude October 14 2:00 p.m. ROM For You Presents: Celebrations October 21 2:00 p.m. Presentation: Opera Choruses with Joseph Sharon October 28 2:00 p.m. Mussar Discussion Group 3:15 p.m. Music Hour with Maddy 4 th floor 3:30 p.m.	Balance Exercise 10:15- 11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Board Games with Gurnoor 4 th floor 1:00 p.m. Concert 2:00 p.m. October 1 – Marcus Schwan October 8 – Jay Franco October 15 – Birthday Concert with Rhonda Silver October 22 – Kathy Thompson October 29 – Isaac Muzikansky Discussion Group with Gurnoor 4 th floor 3:30 p.m. Residents’ Town Hall Meeting October 8 3:30 p.m. Film Club October 15 7:00 p.m. Rummy Q 7:00 p.m. Lobby All Programs take place in Assembly Room unless noted	Chair Exercise 10:30 -11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Discussion Group: Energize and Socialize with Dinie 11:05 a.m. Fireside Lounge No discussion group on October 2 The Evolution of Jazz Lecture with Steve Koven October 2 2:00 p.m. Sing Along with Gurnoor 3:30 p.m. A Talk with Bill Reichman October 9 2:00 p.m. More details to come Discussion with Rodney October 16, 30 2:00 p.m. Howard Mednick Presents: Billy Joel - Classical Rock Star October 23 2:00 p.m. Assembly Room	Orthodox Synagogue Services Times noted on recreation board Nature Walks with Sam 10:30 a.m. Meet in Lobby Local News Discussion Group October 10, 24 2:00 p.m. Assembly Room Saturday Afternoon Sing Along with Sophie 3:00 p.m. Lobby No singalong October 3 Reform Service with Rabbi Rena Times noted on recreation board Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m. Chair Tai Chi 2:00 a.m.,10:00 a.m. Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m. Meditation 9:00 p.m.