

September 2026 - Terraces



Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

Contact Information

Memory Care Nurses
416-349-1437

Clinical Manager
Elisha Cruz
647-206-1164

**Possibilities by Baycrest,
Lead Curator**
Fern Fabrizi
437- 348-3927

Social Workers
416-785-2500
Rebecca Ext. 2667
Tanya Ext. 2990

Recreation Team
Amy Goldberg Trim
Theresa Gesman
Ashley Kubi
Andrea Nwokeli

Happy Rosh Hashanah



TheColumbusTeam.com

Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

<u>MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES</u>	<u>ROSH HASHANAH September 12 &13</u>	<u>Classical Lectures with Howard Mednick</u>
Horticulture Happiness Project Audiobooks Board Games Walks (In / Outdoors) Creative Expression Mental Aerobics Worksheet Reading/Story Telling Mindfulness Dog Visits Music Therapy One-to-One Support	Morning Synagogue Services 2:00 p.m. Discussion Program	Monday, September 14 2:00 p.m. Assembly Room
	<u>Memory Care Family Rosh Hashanah Celebration</u>	<u>Thursday Afternoon Concerts</u>
	Sunday, September 13 2:00 p.m.	September 3 – Milan Sept. 10 – Rami& Gina September 17 – Birthday Concert with Eddy September 24 – Jordan Klapman 2:00 p.m. Assembly Room
	<u>YOM KIPPUR</u>	
	Monday, September 21 st Morning Services with Rabbi Rena	
	<u>SUKKOT</u>	
<u>Rosh Hashanah Museum on Wheels Presentation</u>	<u>Sukkah Decorating</u> Friday, Sept. 25 11:00 a.m. <u>Sukkah Program with Rabbi Rena</u> September 30 3:30 p.m. Fireside Lounge	<u>Music Appreciation With Charlotte</u> Monday, September 28 2:00 p.m. Assembly Room
Wednesday, September 9 2:00 p.m. Assembly Room		

Monthly Program Schedule: September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>
<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45- 10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.
<u>Yom Kippur Services</u> <u>Sept. 21st</u>	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45- 11:45 a.m.	<u>Chair Dance</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Exercise</u> 10:45 -11:45 a.m.
<u>Gentle Stretching</u> 10:45- 11:45 a.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.
<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Music Therapy Group</u> 1:15 - 2:00 p.m.	<u>Yiddish Group</u> 1:00 p.m. Assembly Room	<u>Community Dog Visit</u> 1:00 p.m.	<u>Concert</u> 2:00 p.m. Assembly Room	<u>Challah Baking</u> 2:00 p.m.	<u>Singalong</u> 2:00 p.m.
<u>Discussion Group</u> 1:30 – 2:30 p.m.	<u>Green Thumb Gardener</u> 2:15 – 3:00 p.m.	<u>Baking</u> <u>Honey Cake, Sept. 22</u> 1:30 – 3:00 p.m.	<u>Creative Arts</u> 1:30 - 2:30 p.m.	<u>Tabletop Activity</u> 3:15 – 3:45 p.m.	<u>Tabletop Activity</u> 2:45 – 3:45 p.m.	<u>Rosh Hashanah Social, Sept. 12</u> 2:00 p.m.
<u>Family Rosh Hashanah Party, Sept. 13th</u> 2:00 p.m.	<u>Tabletop Activity</u> 2:45 – 3:45 p.m.	<u>Tabletop Activity</u> 2:45 – 3:45 p.m.	<u>Tabletop Activity</u> 2:45 – 3:45 p.m.	<u>Variety Hour</u> 5:45 p.m.	<u>Celebrating Shabbat in the Community</u> 5:30 p.m.	<u>Tabletop Activity</u> 2:45 – 3:30 p.m.
<u>Tabletop Activity</u> 2:45 – 3:45 p.m.	<u>Travelogue</u> 5:45 p.m.		<u>Outdoor Patio Social</u> 3:30 -4:30 p.m.			<u>Havdalah Shabbat</u> 5:30 p.m.
<u>Music Appreciation</u> 5:30 p.m.	(Programs are subject to change, based on residents needs)	<u>Creative Expression</u> 5:45 p.m.	<u>Bingo Night</u> 5:45 p.m.			