

September 2026

Daily Broadcast on Channels 988, 67,59	RESIDENTS' TOWN HALL MEETING	REFORM AND ORTHODOX SERVICES
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m. <u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m. <u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m. <u>Meditation</u> 9:00 p.m.	Thursday, September 10 3:30 p.m. Assembly Room	Check recreation board for information on Reform and Orthodox High Holiday Services
	PRESENTATIONS	BIRTHDAY CONCERT
	<u>Presentation: Jewish Baseball with Bob Cooper</u> September 6 2:00 p.m. <u>Discussion: What's So Different About Jewish New Year? with Shayna Kravetz</u> September 8 3:15 p.m. <u>Presentation: Laughter in the Concert Hall with Joseph Sharon</u> September 23 2:00 p.m. <u>Presentation with John Huston "Stolen Childhoods, Echoing Truths: The Residential Schools Legacy"</u> September 25 2:00 p.m. <u>Jazz Musicians Under the Radar with David Eienstadt</u> September 29 1:30 p.m.	Thursday, September 17 2:00 p.m. <u>Entertainer: Eddy Culjak</u> Assembly Room
		HIGH HOLIDAY PROGRAMMING
		<u>Museum on Wheels Presents: Rosh Hashanah and the Shofar</u> September 9 2:00 p.m. <u>Sylvia Banack Memorial Kol Nidre Service (Conservative)</u> September 20 3:00 p.m. <u>Sukkah Decorating</u> September 25 11:00 a.m. Sukkah outside 1 st floor dining room <u>Sukkah Program with Rabbi Rena</u> September 30 3:30 p.m. Fireside Lounge
NEW RESIDENT WELCOME GROUP		
Monday, September 28 3:15 p.m. Boardroom		
DROP IN: RESIDENT FOCUS GROUPS ON THE QUALITY-OF-LIFE SURVEY		
Tuesday September 1, 22 3:15 pm Classroom AB		
HARD OF HEARING CLUB		
Monday September 14, 28 3:00 p.m. Fireside Lounge		



Monthly Calendar: September 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Centre

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Tanya Ext. **2990**
Rebecca Ext. **2667**

Recreation Staff

416-785-2500
Archana Ext. **5879**
Charlotte Ext. **2687**



**Programs subject to change.
Please refer to daily program schedule**

Monthly Program Schedule: September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Chair Exercise 10:30-11:00 a.m. No Chair Exercise September 7, 21	Balance Exercise 10:15- 11:00 a.m. Yiddish Group 1:00 p.m. September 29 3:00 p.m. (Time Change) Bingo 2:00 p.m. No Bingo on September 15, 29	Sharing Dance Exercise with Annie 10:30-11:15 a.m. Howard Mednick Presents: Jewish Themes In Classical Music By Non-Jewish Composers September 2 2:00 p.m. Museum on Wheels Presents: Rosh Hashanah and the Shofar September 9 2:00 p.m. Classical Music Concert with Willow Winds September 16 2:00 p.m. Presentation: Laughter in the Concert Hall with Joseph Sharon September 23 2:00 p.m. Documentary: Journey Towards Reconciliation September 30 2:00 p.m. Mussar Discussion Group 3:15 p.m. No Mussar on September 2, 30	Balance Exercise 10:15- 11:00 a.m. Concert 2:00 p.m. September 3 – Janie Respitz September 10 – Rami and Gina September 17 – Birthday Concert with Eddy September 24 – Jordan Klapman Residents’ Town Hall Meeting September 10 3:30 p.m. Film Club September 10, 24 7:00 p.m. Rummy Q 6:30 p.m. 6th Floor All Programs take place in Assembly Room unless noted	Chair Exercise 10:30 -11:00 a.m. Discussion Group: Energize and Socialize with Dinie 11:05 a.m. Fireside Lounge Pre-Rosh Hashanah Concert with Mark Youhanan September 4 2:00 p.m. Discussion with Rodney September 11, 18 2:00 p.m. Sukkah Decorating September 25 11:00 a.m. Sukkah outside 1 st floor dining room Talk with John Huston “Stolen Childhoods, Echoing Truths: The Residential Schools Legacy September 25 2:00 p.m. Assembly Room Games Café & Creative Colouring with Volunteers 1:15 p.m. Lobby A Few Words of Torah with Ralph 3:15 p.m. Classroom AB	Orthodox Synagogue Services Times noted on recreation board Nature Walks with Sam 10:30 a.m. Meet in Lobby Local News Discussion Group September 5, 19 2:00 p.m. Fireside Lounge Saturday Afternoon Sing Along with Sophie September 5, 19 3:00 p.m. Lobby Reform Service with Rabbi Rena Times noted on recreation board Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m. Chair Tai Chi 2:00 a.m.,10:00 a.m. Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m. Meditation 9:00 p.m.
Presentation: Jewish Baseball with Bob Cooper September 6 2:00 p.m. Sunday Movement with Gurnoor September 20 10:30 a.m. Sylvia Banack Memorial Kol Nidre Service (Conservative) September 20 3:00 p.m. Yoga Class September 6 10:30 a.m. (Time change) No Yoga on September 13, 20, 27 Movie Matinee 1:30 p.m. Fireside Lounge No Movie on September 13, 20, 27 Retro Movie Night 7:00 p.m. No Movie on September 13, 20, 27 Additional program details will be posted on the recreation board	Movie: Itzhak Perlman The Film (Labour Day STAT Holiday) September 7 th 2:00 p.m. Sing Along The Posners September 14 2:00 p.m. Music Appreciation with Charlotte: Great Dance Scenes on Film Edition. September 28 2:00 p.m. New Resident Welcome Group September 28 3:15 p.m. Boardroom Knitting and Crochet Group September 14, 28 4:00 p.m. Classroom AB Games 7:00 p.m. Bridge – 11 th Floor Lounge Mahjong – Lobby	11 th Floor Lounge September 8, 22 1:30 p.m. Discussion: What's So Different About Jewish New Year? With Shayna Kravetz September 8 3:15 p.m. Shinshinim Program September 15 2:30 p.m. Assembly Room Book Club September 15 3:30 p.m. Classroom AB Jazz Musicians Under the Radar with David Eienstadt September 29 1:30 p.m. Lobby Pianist Ari Posner September 29 3:15 p.m. Rummy Q 6:30 p.m. Lobby TV Series Queen’s Gambit 7:00 p.m.	September 9 2:00 p.m. September 16 2:00 p.m. September 23 2:00 p.m. September 30 2:00 p.m. 3:15 p.m. No Mussar on September 2, 30 September 30 3:30 p.m. Fireside Lounge September 30 7:00 p.m.			