

July 2026 - Terraces



MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

- Horticulture
- Happiness Project
- Audiobooks
- Board Games
- Walks
- Creative Expression
- Mental Aerobics Worksheet
- Reading/Story Telling
- Mindfulness
- Pet Therapy
- Music Therapy
- Technology 1:1 Support

Terrace Wide Ice Cream Socials

Monday, July 6 and 20th
Outdoor Back Parkette

Rain Location: Assembly Room

Classical Lectures with Howard Mednick

July 10, 22
2:00 p.m.
Assembly Room

Hands on Exotics Safari Day

July 15
2:00 p.m.
Assembly Room

Birthday Concert

Thursday, July 30
2:00 p.m.
Entertainer: Eddy
Assembly Room

July BBQ

Friday, July 17th
Memory Care Dining Room /Patio

Singalong with the Posners

Monday, July 27th
2:00 p.m.
Assembly Room

Thursday Afternoon Concerts

July 9- Mark
July 16 – Milan
July 30 - Eddy
2:00 p.m.
Assembly Room

Canvas Art with Rebecca and Tanya

Tuesday July 7
1:30 p.m.
Memory Care Community

Yiddish Concert with Joseph Landau

Sunday July 26
2:00 p.m.
Assembly Room

Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

Contact Information

Memory Care Nurses
416-349-1437

Clinical Director
Debs Conway Chung
437-343-1253

Program Lead Curator
Fern Fabrizi
437- 348-3927

Social Workers
416-785-2500
Rebecca Ext. 2667
Tanya Ext. 2990

Recreation Team
Ashley Kubi
Amy Goldberg Trim
Andrea Nwokeli



Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

Monthly Program Schedule: JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>
<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.
<u>Gentle Stretching</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Dance</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Exercise</u> 10:45 -11:45 a.m.
<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Special FIFA event</u> July 4 1:30 p.m.
<u>Discussion Group</u> 1:30 – 2:30 p.m.	<u>Music Therapy Group</u> 1:15- 2:00 p.m.	<u>Yiddish Group</u> 1:00 p.m. Assembly Room	<u>Tisha B’Av Discussion with Amy</u> July 22 11:00 a.m.	<u>Concert</u> 2:00 p.m. Assembly Room	<u>Challah Baking</u> 2:00 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.
<u>Schmooze in the Community</u> 2:00 p.m.	<u>Singalong with Ari Posner</u> July 20 3:00 p.m.	<u>Baking</u> 1:30 – 3:00 p.m.	<u>Community Dog Visit</u> 1:00 p.m.	<u>Table Top Activity</u> 3:15 – 3:45 p.m.	<u>Lemonade Social</u> July 17 1:30 p.m.	<u>Singalong</u> 2:00 p.m.
<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Green Thumb Gardener</u> 2:15 – 3:00 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Creative Arts</u> 1:30 -2:30 p.m.	<u>Variety Hour</u> 5:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:30 p.m.
<u>Music Appreciation</u> 5:30 p.m. (Programs are subject to change, based on residents needs)	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Creative Expression</u> 5:45 p.m.	<u>Outdoor Patio Social</u> 3:30 -4:30 p.m.		<u>Celebrating Shabbat in the Community</u> 5:30 p.m.	<u>Havdalah Shabbat</u> 5:30 p.m.
	<u>Travelogue</u> 5:45 p.m.		<u>Bingo Night</u> 5:45 p.m.			