

July 2026

Daily Broadcast on Channels 988, 67,59	RESIDENTS' TOWN HALL MEETING	REFORM SERVICES
Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday, July 9 3:30 p.m. Assembly Room	Reform Service with Rabbi Rena July 4 10:00 a.m.
Chair Tai Chi 2:00 a.m., 10:00 a.m.	BIRTHDAY CONCERT	HAWAIIAN PARADISE BBQ
Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday, July 30 2:00 p.m. Entertainer: Eddy Culjak Assembly Room	Friday, July 17 11:30 a.m.- 1:00 p.m. Outdoor Back Parkette
Meditation 9:00 p.m.	SPECIAL PROGRAMMING FOR JULY	DISCUSSION WITH RODNEY
NEW RESIDENT WELCOME GROUP	Discussion: Observance of the 17th of Tammuz with Rabbi Rena July 2 11:15 a.m. Assembly Room	Friday, July 9, 24 2:00 p.m. Assembly Room
Monday, July 27 3:15 p.m. Boardroom	Tisha B'Av Learning with Chaplain Raquel July 23 11:15 a.m. Assembly Room	HARD OF HEARING CLUB
OUTING	ICE CREAM SOCIALS	Monday July 6, 20 3:00 p.m. Fireside Lounge
Charterability Pontoon Boat Ride July 8 9:30 a.m. – 2:30 p.m. Sign up started on June 25 th at concierge. RSVP by Thursday July 2 nd . See additional details on flyer by recreation board.	Monday July 6, 13 2:00 p.m. Outdoor Back Parkette	SAFARI THEME DAY
		Hands on Exotics: Exotic Animal Presentation Wednesday July 15 2:00 p.m. Assembly Room



Baycrest Terraces

Residence and Community

Where life thrives

Monthly Calendar: July 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Center

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Tanya Ext. **2990**
Rebecca Ext. **2667**

Recreation Staff

416-785-2500
Archana Ext. **5879**
Charlotte Ext. **2687**



Programs subject to change.

Please refer to daily program schedule

Monthly Program Schedule: July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Coffee with the Rec Team</u> 9:00 a.m. Lobby</p> <p><u>Games Café & Creative Colouring with Volunteers</u> 10:00 a.m. Lobby</p> <p><u>Sweat and Shine Exercise with Charlotte</u> July 5 2:00 p.m.</p> <p><u>Sunday Movement with Gurnoor</u> July 12 10:30 a.m.</p> <p><u>Sunday Stretch with Archana</u> July 19 10:30 a.m.</p> <p><u>Yiddish Concert with Joseph Landau</u> July 26 2:00 p.m.</p> <p><u>Yoga Class</u> July 5, 12, 19 2:00 p.m. July 26 10:30 a.m. (Time change)</p> <p><u>Movie Matinee</u> 1:30 p.m. Fireside Lounge</p> <p><u>Movie Night Theme: Humphrey Bogart Movies</u> 7:00 p.m.</p>	<p><u>Chair Exercise</u> 10:30-11:00 a.m.</p> <p><u>Ice Cream Socials</u> July 6, 13 2:00 p.m. Outdoor Back Parkette</p> <p><u>Music Appreciation with Charlotte: Elvis Presley</u> July 20 2:00 p.m.</p> <p><u>Sing Along</u> The Posners July 27 2:00 p.m.</p> <p><u>New Resident Welcome Group</u> July 27 3:15 p.m. Boardroom</p> <p><u>Knitting and Crochet Group</u> July 6, 27 4:00 p.m. Classroom AB</p> <p><u>Bridge</u> 7:00 p.m. 11th Floor Lounge</p> <p><u>Mahjong</u> 7:00 p.m. Lobby</p> <p><u>Bananagrams</u> 7:00 p.m. 6th Floor Lounge</p>	<p><u>Balance Exercise</u> 10:15- 11:00 a.m.</p> <p><u>Yiddish Group</u> 1:00 p.m.</p> <p><u>Bingo</u> 2:00 p.m.</p> <p><u>Bridge with Jonathan</u> July 14, 28 1:30 p.m. 11th Floor Lounge</p> <p><u>Lobby Pianist Ari Posner</u> July 28 3:15 p.m. Lobby</p> <p><u>Book Club</u> July 21 3:30 p.m. Classroom AB</p> <p><u>Rummy Q</u> 6:30 p.m. Lobby</p> <p><u>TV Series</u> House of David 7:00 p.m.</p> <p style="text-align: center;">All Programs take place in Assembly Room unless noted</p>	<p><u>Sharing Dance Exercise with Sabra</u> (Summer Instructor Starting July 8) 10:30-11:15 a.m.</p> <p><u>Movie Afternoon: Beyond the Sea</u> July 1 (Canada Day STAT Holiday) 2:00 p.m.</p> <p><u>Presentation: Da Vinci - The True Renaissance Man with Paul Dias</u> July 8 2:00 p.m.</p> <p><u>Safari Theme Day</u> <u>Hands on Exotics: Animal Presentation</u> July 15 2:00 p.m.</p> <p><u>Howard Mednick Presents: Be Proud Of Your Culture Through Classical Music</u> July 22 2:00 p.m.</p> <p><u>Food Meeting</u> July 29 2:00 p.m.</p> <p><u>Mussar Discussion Group</u> 3:15 p.m.</p> <p><u>Movie Night: Modern</u> 7:00 p.m.</p> <p><u>Pontoon Outing</u> July 8 9:30 a.m. – 2:30 p.m. Sign up began Thurs. Jun 25. See details on flyer by recreation board.</p>	<p><u>Balance Exercise</u> 10:15- 11:00 a.m. No Balance Exercise July 2</p> <p><u>Chair Exercise</u> July 2 10:30-11:00 a.m.</p> <p><u>Ontario Jewish Archives Presents: Highlights from the OJA Collection</u> July 2 2:00 p.m.</p> <p><u>Concert</u> 2:00 p.m. July 2 – No concert July 9 – Mark Youhanan (acapella) July 16 – Milan (acapella) July 23 – No Concert July 30 – Birthday Concert with Eddy Culjak</p> <p><u>Residents' Town Hall Meeting</u> July 9 3:30 p.m.</p> <p><u>Discussion: Humanitarian Work in the Jewish World with Avrum</u> July 23 2:00 p.m.</p> <p><u>Film Club</u> July 9 7:00 p.m.</p> <p><u>Hebrew Speaking Club</u> July 23 3:15 p.m. Fireside Lounge</p> <p><u>Rummy Q</u> 6:30 p.m. 6th Floor</p>	<p><u>Chair Exercise</u> 10:30 -11:00 a.m.</p> <p><u>Discussion Group: Energize and Socialize with Dinie</u> 11:05 a.m. Fireside Lounge</p> <p><u>Discussion with Rodney</u> July 3 2:00 p.m.</p> <p><u>Howard Mednick Presents: Classical Music In Popular Culture</u> July 10 2:00 p.m.</p> <p><u>Hawaiian Paradise BBQ</u> July 17 11:30 a.m.- 1:00 p.m. Outdoor Back Parkette</p> <p><u>Jeopardy Afternoon</u> July 24 2:00 p.m.</p> <p><u>Presentation: Robert Schumann – Scenes from Childhood with Joseph Sharon</u> July 31 2:00 p.m.</p> <p><u>A Few Words of Torah with Ralph</u> 3:15 p.m. Classroom AB (New Date)</p> <p style="text-align: center;">Additional program details will be posted on the recreation board</p>	<p><u>Orthodox Synagogue Services</u> Times noted on recreation board</p> <p><u>Nature Walks with Sam</u> 10:30 a.m. Meet in Lobby</p> <p><u>Local News Discussion Group</u> 2:00 p.m. Fireside Lounge</p> <p><u>Saturday Afternoon Sing Along with Sophie</u> 3:00 p.m. Lobby</p> <p><u>Reform Service with Rabbi Rena</u> July 4 10:00 a.m.</p> <p><u>Daily Broadcast on Channels 988, 67, 59</u> Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.</p> <p><u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><u>Meditation</u> 9:00 p.m.</p>