

# June 2026

<b>Daily Broadcast on Channels</b> <b>988, 67,59</b>	<b>RESIDENTS' TOWN HALL MEETING</b>	<b>REFORM SERVICES</b>
<b>Chair Exercise</b> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	<b>Thursday, June 11</b> <b>3:30 p.m.</b> Assembly Room	<b>Reform Service with Rabbi Rena</b> <b>June 13</b> <b>10:00 a.m.</b>
<b>Chair Tai Chi</b> 2:00 a.m., 10:00 a.m.	<b>BIRTHDAY CONCERT</b>	<b>ART PROGRAM: SUNSHINE CLUB WITH LEDBURY JEWISH CENTRE</b>
<b>Standing Tai Chi</b> 10:30 a.m., 4:00 p.m., 8:00 p.m.	<b>Thursday, June 25</b> <b>2:00 p.m.</b> <b>Entertainer: Dr. J</b> Assembly Room	<b>Wednesday June 24</b> <b>1:15 p.m.</b> Classroom AB
<b>Meditation</b> 9:00 p.m.	<b>PRESENTATIONS</b>	<b>TERRACES WELCOME SUMMER BBQ</b>
<b>NEW RESIDENT WELCOME GROUP</b>	<b>Behind the Menu: How We Plan Meals for Nutrition, Quality and Enjoyment</b>	<b>Friday, June 19</b> <b>12:30 p.m.- 2:30 p.m.</b> Outdoor Garden
<b>Monday, June 22</b> <b>3:15 p.m.</b> Boardroom	<b>Tuesday, June 9</b> <b>2:00 p.m.</b>	<b>DISCUSSION WITH RODNEY</b>
<b>OUTING</b>	<b>The Jewish Idea of 'Chesed' and 'Kindness' with Avrum Rosensweig</b>	<b>Friday, June 5, 12</b> <b>2:00 p.m.</b> Assembly Room
<b>Japanese Canadian Cultural Centre</b> <b>June 17</b> <b>10:15 a.m. – 2:00 p.m.</b> Sign up will start on Wednesday, June 3 at concierge. RSVP by Wednesday June 10. See additional details on flyer by recreation board.	<b>Wednesday, June 10</b> <b>2:00 p.m.</b>  <b>ROM For You Presents: Building a Museum</b> <b>Sunday, June 14</b> <b>2:00 p.m.</b>	<b>HARD OF HEARING CLUB</b> <b>Monday June 8, 22</b> <b>3:00 p.m.</b> Fireside Lounge



**Baycrest Terraces**

Residence and Community

*Where life thrives*

## AL Monthly Calendar: June 2026

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. 2477

#### Concierge Desk

416-785-2500  
Ext. 2267

#### Health Center

416-785-2500  
Ext. 2292

#### Social Workers

416-785-2500  
Tanya Ext. 2990

#### Recreation Staff

416-785-2500  
Archana Ext. 5879  
Charlotte Ext. 2687



Programs subject to change.  
Please refer to daily program schedule

# AL Monthly Program Schedule: June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#">Coffee with the Rec Team</a> 9:00 a.m. Lobby</p> <p><a href="#">Games Café &amp; Creative Colouring with Volunteers</a> 10:00 a.m. Lobby</p> <p><a href="#">Sunday Stretch with Archana</a> June 7 10:30 a.m.</p> <p><a href="#">ROM For You Presents: Building a Museum</a> June 14 2:00 p.m.</p> <p><a href="#">Jeopardy with Scott and Charlotte: Men's Appreciation</a> June 21 2:00 p.m.</p> <p><a href="#">Sunday Movement with Gurnoor</a> June 28 10:30 a.m.</p> <p><a href="#">Yoga Class</a> June 7, 28 2:00 p.m. June 14, 21 10:30 a.m. (Time change)</p> <p><a href="#">Movie Matinee</a> 1:30 p.m. Fireside Lounge</p> <p><a href="#">Choir</a> 3:30 p.m. No Choir June 7</p> <p><a href="#">Retro Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Chair Exercise</a> 10:30-11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Capital of the countries/ Complete the phrase</a> 1:00 p.m. 3rd Floor</p> <p><a href="#">Music therapy with Justine</a> 3:15 p.m. 4<sup>th</sup> floor</p> <p><a href="#">Lecture: Jews in Modern Sports</a> June 1 2:00 p.m.</p> <p><a href="#">Piano Concert with Max</a> June 8 2:00 p.m.</p> <p><a href="#">Sing Along</a> The Posners June 15 2:00 p.m.</p> <p><a href="#">Honouring the Men in our Lives Concert with Steve Koven</a> June 22 2:00 p.m.</p> <p><a href="#">New Resident Welcome Group</a> June 22 3:15 p.m. Boardroom</p> <p><a href="#">Lecture: O Canada: The Land, The Moments, The People with Paul Dias</a> June 29 2:00 p.m.</p> <p><a href="#">Knitting and Crochet Group</a> June 8, 22 3:30 p.m. Classroom AB</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Yiddish Group</a> 1:00 p.m. No Yiddish June 30</p> <p><a href="#">Bingo</a> 2:00 p.m. No Bingo June 9</p> <p><a href="#">Presentation: Behind the Menu: How We Plan Meals for Nutrition, Quality and Enjoyment</a> June 9 2:00 p.m.</p> <p><a href="#">Lobby Pianist Ari Posner</a> June 16 3:15 p.m. Lobby</p> <p><a href="#">Games with Thomas</a> 3:15 p.m.</p> <p><a href="#">Trivia with Gurnoor</a> 4:00 p.m.</p> <p><a href="#">Book Club</a> June 16 3:30 p.m. Classroom AB</p> <p><a href="#">Canada Day Party</a> June 30 1:30 p.m.- Trivia 2:00 p.m. Concert with Brian Bernie</p> <p><a href="#">Rummy Q</a> 6:30 p.m. Lobby</p> <p><a href="#">TV Series</a> Manifest 7:00 p.m.</p>	<p><a href="#">Sharing Dance Exercise with Annie</a> 10:30-11:15 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Travelogue</a> 1:30 p.m. 3rd Floor</p> <p><a href="#">Singalong with Archana and Charlotte</a> June 3 2:00 p.m.</p> <p><a href="#">Presentation: The Jewish Idea of 'Chesed' and 'Kindness' with Avrum Rosensweig</a> June 10 2:00 p.m.</p> <p><a href="#">Howard Mednick</a> June 17- Fiddler On The Roof - Sounds Crazy, No? 1:30 p.m.</p> <p>June 24- Classical Rock Star- Neil Sedaka 2:00 p.m.</p> <p><a href="#">Mussar Discussion Group</a> 3:15 p.m. No Mussar on June 3</p> <p><a href="#">Movie Night</a> <a href="#">Theme: Jurassic Park</a> 7:00 p.m.</p> <p><a href="#">Japanese Canadian Cultural Centre Outing</a> June 17 10:15 a.m. – 2:00 p.m. Sign up starts Wednesday, June 3 . See additional details on flyer by recreation board.</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Concert</a> 2:00 p.m. June 4 – Jordan Klapman June 11 – Carl Stedmond June 18 – Enchanted Flutes June 25 – Birthday Concert with Dr. J</p> <p><a href="#">Evening Concert</a> 6:30 p.m. June 4 – North York Concert Band</p> <p><a href="#">Discussion group with Gurnoor</a> 3:30 p.m. 4<sup>th</sup> floor</p> <p><a href="#">Residents' Town Hall Meeting</a> June 11 3:30 p.m.</p> <p><a href="#">Film Club</a> June 11, 25 7:00 p.m.</p> <p><a href="#">Hebrew Speaking Club</a> June 25 3:15 p.m. Fireside Lounge</p> <p>All Programs take place in Assembly Room unless noted</p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Discussion with Rodney</a> June 5, 12 2:00 p.m.</p> <p><a href="#">Sing Along with Gurnoor</a> 3:30 p.m. 3<sup>rd</sup> floor</p> <p><a href="#">Terraces Welcome Summer BBQ</a> June 19 12:30 p.m.- 2:30 p.m. Outdoor Garden</p> <p><a href="#">Terraces Choir Performance</a> June 26 2:00 p.m.</p> <p>Additional program details will be posted on the recreation board</p>	<p><a href="#">Orthodox Synagogue Services</a> Times noted on recreation board</p> <p><a href="#">Nature Walks with Sam</a> 10:30 a.m. Meet in Lobby</p> <p><a href="#">Local News Discussion Group</a> 2:00 p.m. Fireside Lounge</p> <p><a href="#">A Few Words of Torah with Ralph</a> 2:30 p.m. Classroom AB</p> <p><a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby</p> <p><a href="#">Reform Service with Rabbi Rena</a> June 13 10:00 a.m.</p> <p><a href="#">Daily Broadcast on Channels 988, 67, 59</a> <a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#">Chair Tai Chi</a> 2:00 a.m., 10:00 a.m.</p> <p><a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#">Meditation</a> 9:00 p.m.</p>