

# March 2025



## Monthly Calendar: March 2025

### Contact Information

**To Order Boxed Meals**  
416-785-2500  
Ext. 2477

**Concierge Desk**  
416-785-2500  
Ext. 2267

**Health Center**  
416-785-2500  
Ext. 2292

**Social Workers**  
416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

**Recreation Staff**  
416-785-2500  
Veronica Ext. 2272  
Jessica Ext. 5879



Programs subject to change.  
Please refer to daily program schedule



<p><b>Daily Broadcast on Channels</b> 988, 67,59</p>	<p><b>RESIDENTS' TOWN HALL MEETING</b></p>	<p><b>SHOE SALE</b></p>
<p><b>Chair Exercise</b> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.</p>	<p>Thursday March 13 3:30 p.m. Assembly Room</p>	<p>Friday March 7 11:00 a.m.- 3:00 p.m. Classroom AB</p>
<p><b>Chair Tai Chi</b> 2:00 a.m., 10:00 a.m.</p>	<p><b>BIRTHDAY CONCERT</b></p>	<p><b>REFORM SERVICE WITH RABBI RENA</b></p>
<p><b>Standing Tai Chi</b> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p>	<p>Friday March 21 2:00 p.m. <b>Entertainer: Dr. J</b> Assembly Room</p>	<p>Saturday March 1 10:00 a.m.</p>
<p><b>Meditation</b> 9:00 p.m.</p>	<p><b>KNITTING &amp; CROCHET GROUP</b></p>	<p><b>PURIM</b></p>
<p><b>BRIDGE WITH JONATHAN</b></p>	<p>Monday March 3, 17 4:00 p.m. Assembly Room</p>	<p><b>From Oy to Joy –Finding Joy in Every Day Life with Yentie</b></p>
<p>Tuesday March 4, 18 1:30 p.m. 11<sup>th</sup> Floor Lounge</p>	<p><b>INDOOR WALKING GROUP</b></p>	<p>Tuesday March 11 2:00 p.m.</p>
<p><b>DISCUSSION WITH RODNEY</b></p>	<p>Tuesdays 4:15 p.m. Assembly Room</p>	<p><b>Purim Concert with Janie</b></p>
<p>Friday March 7, 28 2:00 p.m. Assembly Room</p>	<p><b>SCHMOOZE IN LOBBY BRING A NEIGHBOUR</b></p>	<p><b>Respitz</b> Friday March 14 2:00 p.m.</p>
<p><b>CHOIR</b></p>	<p>Coffee &amp; Tea Served Daily 2:00 p.m. Lobby</p>	<p>Information regarding services and Megillah reading to be posted on recreation board.</p>
<p>Sundays 3:30 p.m. Assembly Room</p>	<p><b>SUNDAY MOVIE MATINEE</b></p>	<p>Sunday 1:30 p.m. Fireside Lounge</p>

# Monthly Program Schedule: March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#"><u>Coffee with the Rec Team</u></a> Sunday March 2, 30 9:00 a.m. Lobby</p> <p><a href="#"><u>Zumba with Veronica</u></a> March 2 10:30 a.m.</p> <p><a href="#"><u>Shir Harmony Choir Performance</u></a> March 30 1:30 p.m.</p> <p><a href="#"><u>Schmooze in Lobby Bring a Neighbour</u></a> Coffee &amp; Tea Served 2:00 p.m.</p> <p><a href="#"><u>Movie Matinee</u></a> 1:30 p.m. Fireside Lounge</p> <p><a href="#"><u>Yoga Class</u></a> 2:00 – 3:00 p.m. March 30- 10:30 a.m.</p> <p><a href="#"><u>Choir</u></a> 3:30 p.m. No Choir on March 23</p> <p><a href="#"><u>Retro Movie Night</u></a> 7:00 p.m.</p>	<p><a href="#"><u>Chair Exercise</u></a> 10:30 -11:00 a.m.</p> <p><a href="#"><u>Singalong</u></a> <u>The Posners-</u> March 3 <u>Hugh &amp; Ruth-</u> March 10 2:00 p.m.</p> <p><a href="#"><u>Family Feud</u></a> March 17 2:00 p.m.</p> <p><a href="#"><u>Classical Music Performance with Max</u></a> March 24 2:00 p.m.</p> <p><a href="#"><u>Howard Mednick Presents: Breaking Winds with Mozart</u></a> March 31 2:00 p.m.</p> <p><a href="#"><u>Neighbour Schmooze</u></a> March 3- 1<sup>st</sup> Floor (Boardroom) March 10- 11<sup>th</sup> Floor March 17- 7<sup>th</sup> Floor March 24- 6<sup>th</sup> Floor March 31- 10<sup>th</sup> Floor 3:15 p.m.</p> <p><a href="#"><u>Knitting and Crochet Group</u></a> March 3, 17 4:00 p.m.</p> <p><a href="#"><u>PS I Love You- Intergenerational Program with CHAT Students</u></a> March 10 6:30 p.m.</p> <p><a href="#"><u>Bridge</u></a> 7:00 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#"><u>Mahjong</u></a> 7:00 p.m. Lobby</p>	<p><a href="#"><u>Balance Exercise</u></a> 10:15- 11:00 a.m.</p> <p><a href="#"><u>Yiddish Group</u></a> 1:00 p.m.</p> <p><a href="#"><u>Bridge with Jonathan</u></a> March 4, 18 1:30 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#"><u>Bingo</u></a> 2:00 p.m.</p> <p><a href="#"><u>From Oy to Joy –Finding Joy in Every Day Life with Yentie</u></a> March 11 2:00 p.m.</p> <p><a href="#"><u>Book Club</u></a> March 18 3:30 p.m. Classroom AB</p> <p><a href="#"><u>Indoor Walking Group</u></a> 4:15 p.m.</p> <p><a href="#"><u>Rummy Q</u></a> 6:30 p.m. 6th Floor Lounge</p> <p><a href="#"><u>TV Series</u></a> Downton Abbey 7:00 p.m.</p>	<p><a href="#"><u>Sharing Dance Class with Annie</u></a> 10:30-11:15 a.m.</p> <p><a href="#"><u>Food Meeting</u></a> March 5 2:00 p.m.</p> <p><a href="#"><u>Living Off-Grid in British Columbia- Presentation</u></a> March 12 2:00 p.m.</p> <p><a href="#"><u>Howard Mednick Presents: Classics For The Spring Season</u></a> March 19 2:00 p.m.</p> <p><a href="#"><u>Music Appreciation-Paul Anka</u></a> March 26 2:00 p.m.</p> <p><a href="#"><u>Mussar Discussion Group</u></a> 3:15 p.m.</p> <p><a href="#"><u>Modern Movie Night</u></a> 7:00 p.m.</p>	<p><a href="#"><u>Balance Exercise</u></a> 10:15- 11:00 a.m.</p> <p><a href="#"><u>Concert</u></a> 2:00 p.m. <u>March 6 – Brian Birnie</u> <u>March 13– Doug Goodeve</u> <u>March 27– Rhonda Silver</u></p> <p><a href="#"><u>Intergenerational Learn-In Day with Students from Bialik</u></a> March 20 2:00 p.m.</p> <p><a href="#"><u>Residents’ Town Hall Meeting</u></a> March 13 3:30 p.m.</p> <p><a href="#"><u>Montrealer’s Group</u></a> March 27 3:30 p.m.</p> <p><a href="#"><u>Rummy Q</u></a> 6:30 p.m. 6th Floor</p>	<p><a href="#"><u>Chair Exercise</u></a> 10:30 -11:00 a.m.</p> <p><a href="#"><u>Study Circle with Yentie &amp; Shoshana</u></a> 11:05 p.m. Classroom AB March 7- Fireside Lounge</p> <p><a href="#"><u>Purim Party with Janie Respitz</u></a> March 14 2:00 p.m.</p> <p><a href="#"><u>Birthday Concert with Dr. J</u></a> March 21 2:00 p.m.</p> <p><a href="#"><u>Discussion with Rodney</u></a> March 7, 28 2:00 p.m.</p> <p><a href="#"><u>Shoe Sale with Nellys Comfort</u></a> <a href="#"><u>Shoes</u></a> March 7 11:00 a.m.- 3:00 p.m. Classroom AB</p> <p><a href="#"><u>Orthodox Synagogue Services</u></a> Refer to the schedule on the recreation board.</p> <p>Candle Lighting in the Dining Room</p>	<p><a href="#"><u>Orthodox Synagogue Services</u></a> Times noted on recreation board</p> <p><a href="#"><u>Reform Service with Rabbi Rena</u></a> March 1 10:00 a.m.</p> <p><a href="#"><u>Schmooze in Lobby, Coffee &amp; Tea Served</u></a> 2:00 p.m.</p> <p><a href="#"><u>Saturday Afternoon Sing Along with Sophie</u></a> 3:00 p.m. Lobby</p> <p><a href="#"><u>Daily Broadcast on Channels 988, 67, 59</u></a> <a href="#"><u>Chair Exercise</u></a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#"><u>Chair Tai Chi</u></a> 2:00 a.m.,10:00 a.m.</p> <p><a href="#"><u>Standing Tai Chi</u></a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#"><u>Meditation</u></a> 9:00 p.m.</p> <p><b>Additional program details will be posted on the recreation board</b></p>
<p><b>All Programs take place in Assembly Room unless noted</b></p>						