

# February 2025



## Monthly Calendar: February 2025

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. 2477

#### Concierge Desk

416-785-2500  
Ext. 2267

#### Health Center

416-785-2500  
Ext. 2292

#### Social Workers

416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

#### Recreation Staff

416-785-2500  
Veronica Ext. 2272  
Jessica Ext. 5879  
Eduardo Ext. 2358



Programs subject to change.  
Please refer to daily program schedule



<b>Daily Broadcast on Channels</b> 988, 67,59	<b>RESIDENTS' TOWN HALL MEETING</b>	<b>THEME DAY</b> <b>CHINESE NEW YEAR</b>
<b>Chair Exercise</b> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday February 13 3:30 p.m. Assembly Room	Thursday February 6 11:30a.m.- Photo Booth 11:45 a.m.- Wandering Musician in Dining Room 2:00 p.m.- Chinese New Years Dancers
<b>Chair Tai Chi</b> 2:00 a.m., 10:00 a.m.	<b>BIRTHDAY CONCERT</b>	
<b>Standing Tai Chi</b> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday February 20 2:00 p.m. <b>Entertainer:</b> Marcus Schwan Assembly Room	<b>FRENCH DISCUSSION GROUP WITH MARLENE</b>
<b>Meditation</b> 9:00 p.m.	<b>KNITTING &amp; CROCHET GROUP</b>	Tuesday February 11, 25 3:30 p.m. Fireside Lounge
<b>BRIDGE WITH JONATHAN</b>	Monday February 10, 24 4:00 p.m. Assembly Room	<b>INTERGENERATIONAL PROGRAM- PS I LOVE YOU</b>
Tuesday February 4, 18 1:30 p.m. 11 <sup>th</sup> Floor Lounge	<b>INDOOR WALKING GROUP</b>	Monday February 3 6:30 p.m. Assembly Room
<b>DISCUSSION WITH RODNEY</b>	Tuesdays 4:15 p.m. Assembly Room	<b>SELF CARE HEALTH FAIR</b>
Friday February 7, 21, 28 2:00 p.m. Assembly Room	<b>SCHMOOZE IN LOBBY BRING A NEIGHBOUR</b>	Friday February 14 2:00 p.m. Assembly Room
<b>CHOIR</b>	Coffee & Tea Served Daily 2:00 p.m. Lobby	<b>SUNDAY MOVIE MATINEE</b>
Sundays 3:30 p.m. Assembly Room		Sunday February 2, 9, 16 2:00 p.m. Fireside Lounge

# Monthly Program Schedule: February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#">Coffee with the Rec Team</a> Sunday February 2, 16, 23 9:00 a.m. Lobby</p> <p><a href="#">Zumba with Veronica</a> February 2 10:30 a.m.</p> <p><a href="#">Chair Exercise with Eduardo</a> February 16 10:30 a.m.</p> <p><a href="#">Jeopardy with Jessica</a> February 23 10:30 a.m.</p> <p><a href="#">Schmooze in Lobby</a> <a href="#">Bring a Neighbour</a> Coffee &amp; Tea Served 2:00 p.m.</p> <p><a href="#">Movie Matinee</a> 2:00 p.m. No Movie February 23 Fireside Lounge</p> <p><a href="#">Yoga Class</a> 2:00 – 3:00 p.m.</p> <p><a href="#">Choir</a> 3:30 p.m. No Choir on February 23</p> <p><a href="#">Retro Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m.</p> <p><a href="#">Singalong</a> <a href="#">The Posners-</a> February 3 <a href="#">Hugh &amp; Ruth-</a> February 10 2:00 p.m.</p> <p><a href="#">Lecture: Advancing Fall Prevention and Accessibility Through Cutting-Edge Simulation Labs</a> February 17 2:00 p.m.</p> <p><a href="#">Howard Mednick Presents Classical Music In Popular Culture</a> February 24 2:00 p.m.</p> <p><a href="#">Neighbour Schmooze</a> February 10- 7<sup>th</sup> Floor February 24- 1<sup>st</sup> floor (Boardroom) 3:15 p.m.</p> <p><a href="#">Meet &amp; Greet with Michelle Cooper- Ontario PC Candidate</a> February 17 3:30 p.m.</p> <p><a href="#">Knitting and Crochet Group</a> February 10, 24 4:00 p.m.</p> <p><a href="#">PS I Love You- Intergenerational Program with CHAT Students</a> February 3 6:30 p.m.</p> <p><a href="#">Bridge</a> 7:00 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#">Mahjong</a> 7:00 p.m. Lobby</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Yiddish Group</a> 1:00 p.m.</p> <p><a href="#">Bridge with Jonathan</a> February 4, 18 1:30 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#">Bingo</a> 2:00 p.m.</p> <p><a href="#">French Conversation Group with Marlene</a> February 11, 25 3:30 p.m. Fireside</p> <p><a href="#">Book Club</a> February 18 3:30 p.m. Classroom AB</p> <p><a href="#">Indoor Walking Group</a> 4:15 p.m.</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor Lounge</p> <p><a href="#">TV Series</a> Downton Abbey 7:00 p.m.</p>	<p><a href="#">Sharing Dance Class with Annie</a> 10:30-11:15 a.m.</p> <p><a href="#">ROM- Romancing the Stones</a> February 5 2:00 p.m.</p> <p><a href="#">Tu B'Shevat Seder with Rabbi Rena</a> February 12 2:00 p.m.</p> <p><a href="#">Hands on Exotics Exotic Animal Presentation</a> February 19 2:00 p.m.</p> <p><a href="#">From the Vaults- Art Program- "Tropical Bliss"</a> February 26 2:00 p.m.</p> <p><a href="#">Mussar Discussion Group</a> 3:15 p.m.</p> <p><a href="#">Modern Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Concert</a> 2:00 p.m. February 6 – Chinese New Years Dancers February 13– Mark Youhanan February 20- Birthday Concert with Marcus Schwan February 27– Havergal Choir 2:30 p.m.</p> <p><a href="#">Residents' Town Hall Meeting</a> February 13 3:30 p.m.</p> <p><a href="#">Poetry</a> February 20, 27 4:00 p.m. Classroom AB</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor</p> <p><a href="#">Theme Day Chinese New Year</a> February 6 11:30a.m.- Photo Booth 11:45 a.m.- Wandering Musician in Dining Room 2:00 p.m.- Chinese New Years Dancers</p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m.</p> <p><a href="#">Study Circle with Yentia &amp; Shoshana</a> 11:05 p.m. Classroom AB</p> <p><a href="#">Philosophy</a> 1:00 p.m. Fireside Lounge</p> <p><a href="#">Discussion with Rodney</a> February 7, 21, 28 2:00 p.m.</p> <p><a href="#">Self Care Health Fair Featuring Audiology, Falls Prevention and Dental</a> February 14 2:00-3:30 p.m.</p> <p><a href="#">Orthodox Synagogue Services</a> Refer to the schedule on the recreation board.</p> <p>Candle Lighting in the Dining Room</p>	<p><a href="#">Orthodox Synagogue Services</a> Times noted on recreation board</p> <p><a href="#">Schmooze in Lobby, Coffee &amp; Tea Served</a> 2:00 p.m.</p> <p><a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby</p> <p><a href="#">Daily Broadcast on Channels 988, 67, 59</a></p> <p><a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#">Chair Tai Chi</a> 2:00 a.m., 10:00 a.m.</p> <p><a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#">Meditation</a> 9:00 p.m.</p> <p><b>Additional program details will be posted on the recreation board</b></p>
<p><b>All Programs take place in Assembly Room unless noted</b></p>						