

January 2025



Baycrest Terraces

Residence and Community

Where life thrives

Monthly Calendar: January 2025

Contact Information

To Order Boxed Meals

416-785-2500
Ext. 2477

Concierge Desk

416-785-2500
Ext. 2267

Health Center

416-785-2500
Ext. 2292

Social Workers

416-785-2500
Yentie Ext. 5382
Tanya Ext. 2990

Recreation Staff

416-785-2500
Veronica Ext. 2272
Jessica Ext. 5879
Eduardo Ext. 2358



Programs subject to change.
Please refer to daily program schedule

Baycrest

Daily Broadcast on Channels 988, 67,59

Chair Exercise
9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

Chair Tai Chi
2:00 a.m., 10:00 a.m.

Standing Tai Chi
10:30 a.m., 4:00 p.m., 8:00 p.m.

Meditation
9:00 p.m.

BRIDGE WITH JONATHAN

Tuesday January 7, 21
1:30 p.m.
11th Floor Lounge

DISCUSSION WITH RODNEY

Friday January 10, 17, 31
2:00 p.m.
Assembly Room

CHOIR

Sundays
3:30 p.m.
Assembly Room

RESIDENTS' TOWN HALL MEETING

Thursday January 16
3:30 p.m.
Assembly Room

BIRTHDAY CONCERT

Thursday January 23
2:00 p.m.
Entertainer: James Regan
Assembly Room

KNITTING & CROCHET GROUP

Monday January 6, 20
4:00 p.m.
Assembly Room

INDOOR WALKING GROUP

Tuesdays
4:15 p.m.
Assembly Room

SCHMOOZE IN LOBBY BRING A NEIGHBOUR

Coffee & Tea Served Daily
2:00 p.m.
Lobby

REFORM SERVICES WITH RABBI RENA

Saturday January 18
10:00 a.m.
Assembly Room

FILM CLUB

Thursday January 9, 23
7:00 p.m.
Assembly Room

CLASSICA MUSIC DJ PRESENTATIONS WITH HOWARD MEDNICK

Europe To America
How Jewish European
Emigres Influenced
American Movie & Popular
Music
Two part series:
Wednesday January 8
Friday January 24
2:00 p.m.
Assembly Room

FRENCH DISCUSSION GROUP WITH STELLA

Tuesday January 14
3:30 p.m.
Fireside Lounge

Monthly Program Schedule: January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Coffee with the Rec Team Sunday January 12, 19, 26 9:00 a.m. Lobby</p> <p>Jeopardy with Jessica January 12 10:30 a.m.</p> <p>Chair Exercise with Eduardo January 26 10:30 a.m.</p> <p>Schmooze in Lobby Bring a Neighbour Coffee & Tea Served 2:00 p.m.</p> <p>Yoga Class 2:00 – 3:00 p.m. January 19- 10:30 a.m.</p> <p>Classical Music with Thomas & Friends January 19 2:00 p.m.</p> <p>Choir 3:30 p.m. No Choir on January 26</p> <p>Retro Movie Night 7:00 p.m.</p>	<p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Singalong The Posners- January 6 Hugh & Ruth- January 13 2:00 p.m.</p> <p>Lecture with Allison Sekuler President & Chief Scientist, Baycrest Academy for Research and Education January 20 2:00 p.m.</p> <p>International Holocaust Remembrance Day Video January 27 2:00 p.m.</p> <p>Neighbour Schmooze January 13- 9th Floor January 27- 8th Floor 3:15 p.m.</p> <p>New Resident Welcome Group January 20 3:15 p.m. Boardroom</p> <p>Knitting and Crochet Group January 6, 20 4:00 p.m.</p> <p>PS I Love You- Intergenerational Program with CHAT Students January 13 6:30 p.m.</p> <p>Bridge 7:00 p.m. 11th Floor Lounge</p> <p>Mahjong 7:00 p.m. Lobby</p>	<p>Balance Exercise 10:15- 11:00 a.m.</p> <p>Yiddish Group 1:00 p.m.</p> <p>Bridge with Jonathan January 7, 21 1:30 p.m. 11th Floor Lounge</p> <p>Plant Care & Propagation for an Indoor Garden January 14 1:30 p.m. Greenhouse</p> <p>Bingo 2:00 p.m.</p> <p>French Discussion Group with Stella January 14 3:30 p.m. Fireside</p> <p>Book Club January 21 3:30 p.m. Classroom AB</p> <p>Indoor Walking Group 4:15 p.m.</p> <p>Rummy Q 6:30 p.m. 6th Floor Lounge</p> <p>TV Series The Crown January 14- Downton Abbey 7:00 p.m.</p>	<p>Sharing Dance Class with Annie 10:30-11:15 a.m.</p> <p>Howard Mednick Presents: Europe To America How Jewish European Emigres Influenced American Movie & Popular Music January 8 2:00 p.m.</p> <p>Food Meeting January 15 2:00 p.m.</p> <p>Music Appreciation with Jessica January 22- Tony Bennett January 29- Gene Kelly 2:00 p.m.</p> <p>Mussar Discussion Group 3:15 p.m.</p> <p>Modern Movie Night 7:00 p.m.</p>	<p>Balance Exercise 10:15- 11:00 a.m.</p> <p>Concert 2:00 p.m.</p> <p>January 2- The Sparklettes 2:30 p.m.</p> <p>January 9– Jordan Klapman January 16- Jay Franco January 23- Birthday Concert with James Regan January 30 – Havergal Choir 2:30 p.m.</p> <p>Residents’ Town Hall Meeting January 16 3:30 p.m.</p> <p>Poetry January 23, 30 4:00 p.m. Classroom AB</p> <p>Film Club January 9, 23 7:00 p.m.</p> <p>Rummy Q 6:30 p.m. 6th Floor</p>	<p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Study Circle with Yentia & Shoshana 11:05 a.m. Classroom AB</p> <p>Philosophy 1:00 p.m. Fireside Lounge</p> <p>Classical Piano Concert with Max January 3 2:00 p.m.</p> <p>Discussion with Rodney January 10, 17, 31 2:00 p.m.</p> <p>Howard Mednick Presents: Europe To America How Jewish European Emigres Influenced American Movie & Popular Music- Part II January 24 2:00 p.m.</p> <p>Orthodox Synagogue Services Refer to the schedule on the recreation board.</p> <p>Candle Lighting in the Dining Room</p>	<p>Orthodox Synagogue Services Times noted on recreation board</p> <p>Reform Service with Rabbi Rena January 18 10:00 a.m.</p> <p>Schmooze in Lobby, Coffee & Tea Served 2:00 p.m.</p> <p>Saturday Afternoon Sing Along with Sophie 3:00 p.m. Lobby</p> <p>Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p>Chair Tai Chi 2:00 a.m., 10:00 a.m.</p> <p>Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p>Meditation 9:00 p.m.</p>
<p>All Programs take place in Assembly Room unless noted</p>						