

August 2026

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>REFORM SERVICES</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday, August 13 3:30 p.m. Assembly Room	<u>Reform Service with Rabbi</u> <u>Rena</u> August 22 10:00 a.m.
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	<u>CRUISIN' THRU THE 50s BBQ</u>
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday, August 20 2:00 p.m. <u>Entertainer:</u> Kathy Thompson Assembly Room	Friday, August 7 11:30 a.m.- 1:00 p.m. Assembly Room
<u>Meditation</u> 9:00 p.m.	<u>SUMMER SOCIALS</u>	<u>DISCUSSION WITH RODNEY</u>
<u>NEW RESIDENT WELCOME</u> <u>GROUP</u>	<u>Grilled Peaches Sundae Ice</u> <u>Cream Social</u> August 17 2:00 p.m.	Friday, August 21, 28 2:00 p.m. Assembly Room
Monday, August 24 3:15 p.m. Boardroom	<u>Ice Cream Social</u> August 31 2:00 p.m.	<u>SPECIAL PROGRAMMING</u>
<u>OUTING</u>	<u>CARRIBEAN THEME DAY</u>	<u>Museum on Wheels: Jewish</u> <u>History</u> August 4 3:30 p.m. Assembly Room
<u>Outing: MZTV Museum Of</u> <u>Television</u> August 26 12:45 p.m. – 5:00 p.m. Sign up will begin Wed. Aug 12 at 9 a.m. See details on flyer by recreation board.	Concert with John Pebble Wednesday August 12 2:00 p.m. Assembly Room	<u>Presentation: "I am Sick Not</u> <u>Weak. And I can prove it!"</u> <u>with Michael Landsberg</u> August 11 2:00 p.m. Assembly Room
	<u>HARD OF HEARING CLUB</u>	
	Monday August 3, 17, 31 3:00 p.m. Fireside Lounge	



Baycrest Terraces

Residence and Community

Where life thrives

Monthly Calendar: AL August 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Center

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Tanya Ext. **2990**
Rebecca Ext. **2667**

Recreation Staff

416-785-2500
Archana Ext. **5879**
Charlotte Ext. **2687**



Programs subject to change.

Please refer to daily program schedule

AL Monthly Program Schedule: August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Chair Exercise 10:30-11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor 1:1 visits with Max/Active Games 4 th floor and 3 rd floor 1:15 p.m. Concert with Jean-Claude August 3 2:00 p.m. Music therapy with Justine 3:15 p.m. 4 th floor Presentation: Architecture of Frank Lloyd with Dr. Peter Harris August 10 2:00 p.m. Complete the Phrase/ Music trivia 3 rd floor Grilled Peaches Sundae Ice Cream Social August 17 2:00 p.m. Outdoor Back Parkette Sing Along The Posners August 24 2:00 p.m. Ice Cream Social August 31 2:00 p.m. Outdoor Back Parkette Knitting and Crochet Group August 3, 10, 24 4:00 p.m. Classroom AB	Balance Exercise 10:15- 11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Social Visit 3 rd /4 th floor Yiddish Group 1:00 p.m. Bingo 2:00 p.m. No Bingo on August 11 Board Games with Thomas 3:15 p.m. 4 th floor Trivia with Gurnoor 4:00 p.m. 4 th floor Museum on Wheels: Jewish History August 4 3:30 p.m. Assembly Room Presentation: “I am Sick Not Weak. And I can prove it!” with Michael Landsberg August 11 2:00 p.m. Lobby Pianist Ari Posner August 25 3:15 p.m. Lobby	Sharing Dance Exercise with Sabra 10:30-11:15 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Concert with Jordan Klapman: Oscar Winning Songs August 5 2:00 p.m. Caribbean Theme Day Concert John Pebble August 12 2:00 p.m. Travelogue 1: 15 p.m. Bridge with Jonathan August 12 1:30 p.m. 11 th Floor Lounge Howard Mednick Presents: Breaking Winds With Mozart August 19 2:00 p.m. Presentation: Plains of Abraham- 15 Minutes that Changed the World with Paul Dias August 26 2:00 p.m. Mussar Discussion Group 3:15 p.m. No Mussar August 5, 12 Outing: MZTV Museum Of Television August 26 12:45 p.m. – 5:00 p.m. Sign up will begin Wed. Aug 12 at 9 a.m. See details on flyer by recreation board.	Balance Exercise 10:15- 11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Concert 2:00 p.m. August 6 – Isaac Muzikansky August 13 – Marcus Schwan August 20 – Birthday Concert with Kathy Thompson August 27 – Mark Youhanan Discussion group with Gurnoor 3:30 p.m. Bingo August 20 th , 27th 3 rd floor Film Club August 6 7:00 p.m. Residents’ Town Hall Meeting August 13 3:30 p.m. Rummy Q 6:30 p.m. 6th Floor All Programs take place in Assembly Room unless noted.	Chair Exercise 10:30 -11:00 a.m. Chair Exercise 10:30- a.m. 3 rd Floor 11:00 a.m. 4 th Floor Discussion Group: Energize and Socialize with Dinie 11:05 a.m. Fireside Lounge Crusin’ Thru the 50’s BBQ August 7 11:30 a.m.- 1:00 p.m. Assembly Room Howard Mednick Presents: Classical Music By People With Disabilities August 14 2:00 p.m. Sing Along with Along 3:30 p.m. Discussion with Rodney August 21, 28 2:00 p.m. Games Café & Creative Colouring with Volunteers 1:15 p.m. Lobby A Few Words of Torah with Ralph 3:15 p.m. Classroom AB Additional program details will be posted on the recreation board	Orthodox Synagogue Services Times noted on recreation board Nature Walks with Sam 10:30 a.m. Meet in Lobby Local News Discussion Group August 8, 22 2:00 p.m. Fireside Lounge Saturday Afternoon Sing Along with Sophie 3:00 p.m. Lobby Reform Service with Rabbi Rena August 22 10:00 a.m. Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m. Chair Tai Chi 2:00 a.m.,10:00 a.m. Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m. Meditation 9:00 p.m.